THE BOOK CLUB

BREAKFAST

PRINGLE BAY



"In the kitchen, you must become one with the knife. For food is not just food. It is poetry in motion."

- J.M. Coetzee

Smoothies and bowls

R65-85

Acai super berry

Mixed berries, banana, acai, coconut water

Green machine with hemp

Kale, spinach, apple, banana, hemp,
coconut milk

Purple power

Bananas, blueberries, honey, almond butter and almond milk



Breakfast

Smashed avo with chili flakes on ciabatta (V)	R85
Crushed avo dressed in Morgenster lemon olive oil, chilli flakes on toasted ciabatta	
Njuda spiced shakshuka	R105
Smokey spicy tomato, white bean and chorizo baked in a cast iron pan, poached egg and flat bread	
Scrambled eggs & bacon	R95
Scrambled eggs served with smoked bacon, slow roasted cherry tomatoes and rocket on toasted sourdough	
Mushrooms & poached egg	R125
Creamy wild mushrooms with a soft poached egg on toasted sourdough with wild rocket and shaved grana padano	
Scrambled eggs & Three Streams smoked trout	R130
Scrambled eggs served with Franschhoek smoked trout ribbons, slow roasted cherry tomatoes and wild rocket on toasted sourdough	

Mielie brood bolognese	9			R95				
On house made corn bread war and parmesan with a poached		esh parsley						
American blueberry par	ncake	S		R105				
Drizzled with maple compote, crispy bacon and cream		-						
Croque madame (please allow 20 mins)								
Smoked hickory ham & emmental cheese sourdough with mustard béchamel, soft poached egg								
The Book Club benedict		R125						
Two poached eggs on toaster ham,topped with a creamy he wild rocket		0 ,						
Brioche french toast		R105						
Thick sliced brioche soc custard with crispy bacon, berry compote				_				
Add								
Crispy bacon (4 slices)	R35	Sundried tomato	pesto	R18				
Rocket and parmesan	R20	Feta		R18				
Poached or fried egg	R10	Smoked trout ri	bbons	R40				